HOW HOME BASED AGED CARE SERVICES WORK - HACCPYP

I'm under 65 years and would like some help with:

- Personal care/health
- Maintaining my home
- Accessing nutritious meals
- Respite for carers
- Transport
- Social connection

HACCPYP - Home & Community Care Program for Younger People.

CHSP - Commonwealth Home Support Program.

I contact **Pyrenees Shire Council** on 1300 797 363 and ask to talk to the **Community Care Team**.

They will arrange an appointment time for the Assessor to ring and discuss my needs with me.

The **Team Leader (Marina)** from the Community Care Team has a discussion with me about what I would like help with and will make a plan with me. Paperwork is completed as part of the assessment.

The Team Leader will get the **Client Services Officer (Jan)** to ring me to work out when I would like services and roster them with a Support Staff Worker/s.

PYRENEES COMMUNITY CARE SERVICES - CHSP & HACCPYP

Below is the range of services the Pyrenees Community Care Team can offer to our clients depending on your funding (CHSP or HACCPYP):

Personal Care Domestic Assistance

Medications Assistance Flexible Respite Care

Meal Preparation Meals on Wheels

Shopping Service Transport Assistance

Home Modifications Goods & Assistive Technology

Window Cleaning Program Country Kitchen Clean Up

Winter Casserole Program

Social Support Groups - Paper & Craft Activities Delivered to You.

Social Support Groups - Individual Activities - 1:1 with a Support Staff worker and guided by your self-interests. This can include doing an activity at home or going out to visit a place of choice (within 1 hour from home).

HOW HOME BASED AGED CARE SERVICES WORK - CHSP

I'm 65 years or older and:

- Looking for some help to stay living in my own home independently.
- Caring for a person and need some respite help.
- Unable to drive to the shop or to appointments anymore.
- Would like to socialise with others in my community.
- I already have a service but I feel I need more help.

I contact My Aged Care 1800 200 422

And talk to them about my needs.

Depending on my needs they will refer me to either:

The Regional Assessment Service (RAS).

The Aged Care
Assessment Teams
(ACATs).

Commonwealth Home Support Program (CHSP) For low level needs:

- Short-term, occasional or ongoing services.
- Focused on activities to support independence and social connectedness.
- Linked to my goals and choices.

For older people with:

- More intensive and complex care needs.
- People who need ongoing high intensity care.
- Residential aged care

The **RAS** will ring me to arrange a time to visit & complete an assessment of my needs.

The RAS will then refer me to a Service Provider in my area.

Service Provider: The
Pyrenees Community
Care Team (PCC
Team) is a Service
Provider in the
Pyrenees Shire area.

The **PCC Team** will then contact me to arrange a suitable time for my services.

An **ACAT** team member will ring me to arrange a time to visit and complete an assessment to work out what help I will need:

- Home Care Package.
- 2. Residential Care.

The **PCC Team** can provide Services to me if I am on a Home Care Package.

IMPORTANT DATES

Please put the following dates on your calendar.

Personal Care Services will go ahead on the public holidays and during the office closure period.

Domestic Assistance and other services are cancelled on these dates.

If you would still like your service you will need to ring the PCC Team on 1300 797 363 and arrange another time.

23rd October 2020 - Friday Public Holiday for Grand Final Eve Celebrations.

3rd November 2020 - Tuesday Melbourne Cup Day.

25th December 2020 to 1st January 2021 - Christmas / New Year Office Closure (dates to be confirmed).

AND NOW FOR SOMETHING DIFFERENT...

Are you a Poet and you didn't know it?

Do you have a great tale you would like to tell?

Do you like to express yourself through art?



The Pyrenees Community Care (PCC) Team would like to see your poems, short stories or artworks. They will be collated into a book which we can then share with other clients in the Shire. Please keep each masterpiece to a maximum size of an A4 sheet of paper.

Do remember going to the letterbox and finding a letter from a friend? Would you be interested in receiving a letter in your postbox again?

The Pyrenees Community Care Team along with our local schools are looking to start a Pen Pal Program with Clients and Students. The Program will run in a classroom with Teacher supervision.

If you would like to be part of either of these exciting new projects, contact the PCC Team on 1300 797 363.

It's TIME FOR A SPRING CLEAN!

Spring is now here and with it comes opportunity to spruce up your homes and outside areas. If you would like a special one-off Spring

Clean in your home, phone the PCC Team on 133 797 363 to register today!

Services: Mattress & furniture spruce up; closet/wardrobe checks & declutters. Porch/veranda clear offs; cobwebs sweeps; clear paths to front/back door; outside furniture clean.





WELCOME TO OUR SEPTEMBER EDITION

Firstly, the Pyrenees Community Care Team would like to take this opportunity to recognize the "International Day of Older Persons". We value everyone of our clients and the contributions they have made in others lives and the community as a whole. This very special day held on 1st October 2020 puts a spotlight on how we can help the older people in our Shire to stay in their communities and maintain a healthy quality of life at the same time.

We also welcome the easing of some restrictions in regional Victoria. However the wearing of facemasks outside the home is still compulsory. We received some reusable face masks from the Victorian Government which we sent out to all our clients. Unfortunately most were a small size, we have now received some larger sized masks, so if you have had difficulty with the smaller size and would like a couple of larger sized masks please phone the PCC Team.

We would like to thank those of you who sent in a Feedback form after our focus in the last newsletter, it is very important to the whole Pyrenees Community Care Team to know that our services are meeting your goals and choices and where we can, explore further services that you would like to have access to.

Our focus for this newsletter is on forward planning for your future personal, health and financial security. Many of us don't think about whether we will be able to make decisions for ourselves long-term. If this is something you would like to get some more information about, phone the PCC Team on 1300 797 363 and we can send you out some information to help you get the process started.

We do not provide advice or make recommendations, but can offer basic information from the Victorian Office of the Public Advocate which can help you make choices and decisions for yourself and provide information on where to go for more detailed guidance.





www.myagedcare.gov.au Phone: 1800 200 422

Weekdays: 8:00am to 8:00pm

Saturdays: 10:00am to 2:00pm Closed Sundays & Public Holidays



Pyrenees Community Care Office hours (8:30am to 5:00pm Mon-Friday) Free Call 1300 797 363 After hours contact number for emergencies only is 0418 348 606