





**Pyrenees**  
Shire Council

**Community Care**  
Client Newsletter

## WELCOME TO OUR WINTER EDITION NEWSLETTER 2022

Welcome to our Winter Newsletter of 2022, the mid-year mark of 2022!

Winter is here, and with this comes the flu season while the COVID-19 Pandemic continues to play a major part in our lives. Things we can do to best protect ourselves and family members against colds, the flu and viruses are:

1. Good hand hygiene is important, wash your hands regularly with soap and water
2. Cover your mouth and nose with a tissue or into your elbow when coughing and sneezing. Dispose of the tissue right away, then wash your hands.
3. Wear a face mask in public places.

**Please remember if you are feeling unwell or have symptoms of COVID-19, please contact the office by 5.00pm on the day before your service. If this is a weekend please ring on the Friday.**

**For Emergency cancellations please ring the after hours number. If cancelled after this time you will be charged for the service, this applies to all clients.**

## WELCOME TO OUR NEW SUPPORT STAFF

We would like to take this time to introduce our new Support Staff members. You may have already met these lovely ladies but for those who haven't I would like to welcome Nakia, Tina, Bethany, Carly, and Elizabeth to the Pyrenees Community Care Team!

**Welcome** to the team!



[www.myagedcare.gov.au](http://www.myagedcare.gov.au)

Phone: 1800 200 422

Weekdays: 8:00am to 8:00pm

Saturdays: 10:00am to 2:00pm

Closed Sundays & Public Holidays



**Pyrenees**  
Shire Council

**Pyrenees Community Care Office hours**  
(8:30am to 5:00pm Mon-Friday)

**Free Call 1300 797 363**

**After hours contact number for emergencies only is 0418 348 606**

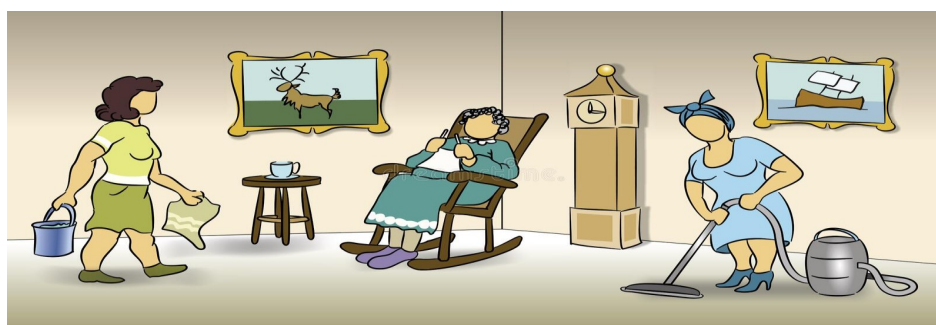
## WINTER CLEANING ❄️

**Do you need some extra support coming into the colder months of the year ?**

We have staff available to come to your home and assist with some tasks that to help keep your home fresh and get you on top of those nitty gritty jobs we probably prefer not to do! Such as:

- Kitchen and/or Laundry cupboard cleanout
- Cleaning your oven / fridge
- Linen cupboard cleanout/refresh
- Reorganise your wardrobe
- Pantry Pamper (get rid of those out of date items, clean and arrange your pantry)
- Chimney Sweeping (home maintenance funding required)

**To register your interest please call the Pyrenees Community Care Team**



## IMPORTANT DATES

**The 21st Victorian Country Orchid Clubs  
Challenge hosted by Stawell Orchid Society**

**When:** July 2nd & 3rd

Saturday 12pm - 5pm & Sunday 9am - 3pm

**Where:** Laidlaw Park, Patrick Street, Stawell

**What:** Orchid displays and light refreshments.  
Plant sales from 10am Saturday.

**Cost:** \$5.00 entry (cash only)

**SAVE THIS DATE:**

Saturday **29th October** 2022

Seniors Carnival in Beaufort



## COVID-19 & YOUR SERVICES

As we enter the colder months we are more prone to pick up the flu and colds, as well as becoming more at risk of catching COVID-19. As we continue through these uncertain times we want to keep everyone as comfortable as possible and keep in mind your wishes.

We would like you, our clients, to express your wishes by letting us know if you would or would not like to receive services if a Support Staff is a close contact. If you could please call the Office and advise of your preference so we can make it as easy as possible for everyone.

## 🎵 MORNING MELODIES 🎵

Are you looking to enjoy a social morning of music and connection? Well, Morning Melodies is returning to the Ararat Performing Arts Centre with the shows running from 11am - 12.30pm.

The first show is on Wednesday 3rd August, presenting The Beggars Seekers Tribute Show. The following show is held on Wednesday 5th October, hosting the Bobby Darren Tribute Show.

To attend these shows it is \$8.00 for CHSP clients and HCP clients are full cost recovery, followed by a lunch at the Ararat RSL at your own cost.

If you are interested in attending or require transport to the events, please call 1300 797 363 to speak with Community Care.

## CLIENT CONTRIBUTION CORNER

In this season's corner we bring to you a poem written by Beverley Clark. Beverley wrote this poem for her son when he was in High School. There was a total eclipse around 1974 - 1975.

### TOTAL ECLIPSE

A total eclipse, what excitement all  
round.

The sun is dimming, shadows on the  
ground hark! The dark has come,  
not a sound; what an eerie feeling  
in this quiet town.

The shadows are moving in the trees.

The sun shines again so bright.

To see it on TV was a great delight, it was  
so much better as it saved our eyesight.

