

WELCOME TO OUR JUNE 2021 EDITION

As this newsletter goes out to clients we are again experiencing another COVID-19 outbreak in Victoria. While we were not directly affected with local cases in our Shire, it is again a timely reminder to maintain our hand washing practices, social distancing and ensuring we have a face mask with us when out of our homes.

While the COVID-19 Vaccine is a voluntary uptake, it is another level of protection against possibly ending up in hospital if we were to get the COVID-19 Virus. A chat with your doctor is a good way to get more information about the Vaccine if you are interested.

Face masks are still required to be worn indoors, on public transport and ride shares, this includes Council vehicles. Support Staff are also still required to wear face masks when providing services in your home, and take your temperatures at the start of each service.

We have received feedback from some clients about the newsletter and how we could make it easier for you to take events and items of interest from it and put them on your calendar or fridge as a reminder.



When you see this symbol that is what it means. We would also welcome your feedback regarding the cut-outs.

As we are now in Winter and using our heaters more often in our homes, we have received some information from the Department of Health & Human Services regarding the maintenance of gas heaters and their safe use in our homes. If you have a gas heater in your home you can type the link below into your internet browser to get more information:

https://esv.vic.gov.au/campaigns/carbon-monoxide/

Celebrating Reconciliation Week...

"More than a word, Reconciliation takes action".

Pyrenees Community Care Team in line with Council's Vision, Mission & Objectives, strives to ensure inclusivity of all our clients across all our services.



If you would like some more information on reconciliation and what is happening, the link below can be typed into your internet browser:

https://nrw.reconciliation.org.au

BLOKES DAY OUT...



This one is just for the men. A Chance to get together once a month for a meal and chat about things that men like to talk about. Meeting together at a local pub/hotel, every second Tuesday of the month. Lunch will be at your own cost, plus the Social Support Fee.

Commencing Tuesday 13th July 2021 at the Beaufort Golden Age Hotel from 12:30pm to 2:00pm. Transport can be provided if needed.

If you are 65yrs or older and not already receiving services you will need to contact My Aged Care to register for Community Based Social Support Group. If you are under 65yrs, you can ring the PCC Team to register your interest.

If you have a homecare package, you will need to contact your Case Manager.

SNAKE VALLEY COMMUNITY SAFETY TALK...

Melissa Burke who is the Community Safety Engagement Officer for the Country

Fire Authority (CFA) will be coming to the Snake Valley Hall on Wednesday 22nd September 2021 to discuss fire safety and how to stay safe from bushfires with the local community.

Melissa will there from 1:30pm and afternoon tea will be provided.

If you would like to attend, please contact the PCC Team on 1300 797 363 **by Monday 20th**



www.cfa.vic.gov.au/plan-prepare

PYRENEES COMMUNITY CARE - MONTHLY COMMUNITY MEAL

Invites for our next meal have been sent out. If you would like to be involved in this program and do not currently get an invite, please contact the Pyrenees Community Care Team on 1300 797 363 for more information.

COMMUNITY MEAL DATES FOR 2021



Thursday 24th June
Thursday 29th July
Thursday 23rd August

Thursday 30th September
Thursday 28th October
Thursday 25th November







FORWARD PLANNING—IMPORTANT DATES

Laughing Yoga & Meditation has been suspended for the Winter months.

Blokes Day Out - Starts on Tuesday 13th July from 12:30pm to 2:00pm. Contact the PCC Team on 1300 797 363 if you are interested to find out more.

Friday 24th September (TBC) - AFL Grand Final Day. This is a public holiday for Victoria. Only Personal Care Services will be available on this day. If you will be away, or would like to change your Domestic Service to another day please contact the PCC Team to discuss.

Tuesday 2nd November - Melbourne Cup Day. This is a public holiday for Victoria. Only Personal Care Services will be available on this day. If you will be away, or would like to change your Domestic Service to another day please contact the PCC Team to discuss.

CLIENT ADVISORY GROUP DATES...

Beaufort - Held at the Beaufort Community Centre, Pratt Street.

Wednesday 21st July from 1:00pm - 3:00pm

Wednesday 15th September from 1:00pm - 3:00pm

Wednesday 17th November from 1:00pm - 3:00pm

Avoca - Held at the Senior Citizens Centre, High Street.

Tuesday 17th August from 1:00pm - 3:00pm

Tuesday 19th October from 1:00pm - 3:00pm

PLEASE NOTE....

If you are registered for a service provided by the Pyrenees Community Care Team, (including personal care, respite, domestic assistance, transport, shopping assistance or social support group activities) and you will not be needing that service on a given day, you need to contact the office by 5:00pm on the day before service.

If this is a weekend please ring on the Friday. Emergency cancellations please ring the after hours number.

If cancelled after this time you will be charged for the service.

This applies to all clients.

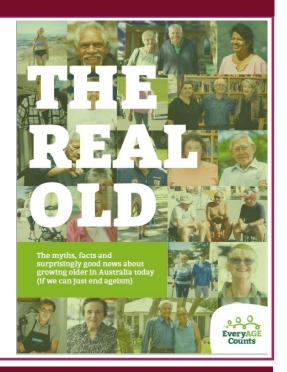
GENERAL INFORMATION

EveryAge Counts is an advocacy campaign aimed at addressing "ageism" against older people in the wider community.

If you would like to find out more about this campaign, you can type the link below into your internet browser and it will take you to their website:

everyagecounts.org.au

If you haven't got access to the internet contact the campaign people directly on 02 8262 3607. Email: info@everyagecounts.org.au



2021 VICTORIAN SENIOR OF THE YEAR AWARDS



Nominations for the 2021 Victorian Senior of the Year Awards are now open.

Do you know an older Victorian who inspires others, is a behind-the-scenes organiser or is the hands-on worker delivering services to others. This is an opportunity for their contributions to their community to be recognized and celebrated in a special way.

You can find out more information by typing the link below into your internet browser:

www.seniorsonline.vic.gov.au/awards

Alternatively, phone the PCC Team for a printed brochure and nomination form.

Nominations close Friday 9July 2021.





www.myagedcare.gov.au

Phone: 1800 200 422

Weekdays: 8:00am to 8:00pm Saturdays: 10:00am to 2:00pm Closed Sundays & Public Holidays



Pyrenees Community Care Office hours
(8:30am to 5:00pm Mon-Friday)

Free Call 1300 797 363

After hours contact number for

emergencies only is 0418 348 606